

BRUNCH N' BEATS

BRUNCH DISHES

GROW'S BREAKFAST

11

HG Walter Cumberland Sausages, Crispy Griddled Potatoes, Grilled Tomato, Free Range Poached Egg, Chestnut Mushrooms, Dressed Baby Leaf and Grow's Homemade Muhammara topped with Za'atar

POTATO & BLACK BEAN HASH

8.5

Crispy Seasoned Potatoes, Spiced Black Beans with Baby Spinach, Garlic, Confit Cherry Tomatoes topped with Vegan Applewood, Crispy Onions and smoked Paprika Salt

GROW'S VEGAN BREAKFAST

11

Vegan Quorn Sausage, Crispy Griddled Potatoes, Grilled Tomato, Tofu Scramble with Himalayan Black Salt and Warm Spices, Chestnut Mushrooms, Dressed baby Leaf, Grow's Homemade Muhammara topped with Za'atar

POACHED EGGS WITH ZA'ATAR

8.5

Two Poached Free Range Eggs, Toasted Multigrain Bloomer, Grilled Vine Tomato with Rosemary, Baby Spinach topped with Za'atar

EXTRAS

Toast 2 | Fries 3 | Sausage 2.25 | Vegan Sausage 2.25
Free Range Poached Egg 1.50 | Mushrooms 2 | Halloumi 3

GROW'S BRUNCH WRAPS

A Toasted Tortilla Wrap filled with our Breakfast Favourites.

Served with Homemade Muhammara on the side, Grows Pickles and a dressed Mixed Leaf Salad

8.5

HG WALTER SAUSAGE

Cumberland Sausage,
Egg and Monterey
Jack Cheese

8.5

SCRAMBLED EGG & SPINACH

Free Range Egg, Spinach,
Confit Tomato and
Monterey Jack Cheese

8.5

VEGAN SAUSAGE

Vegan Sausage, Spinach,
Confit Tomato and
Vegan Cheese

PASTRIES & PRESERVES

8.5

Freshly Baked Mini Pastry Selection served with Tiptree Apricot Jam, Whipped Cinnamon Butter and a slice of Grow's Homemade Carrot Cake.

SIGNATURE BRUNCH DRINKS

Recommended to accompany brunch dishes Full drinks menu available.

8.5

Bloody Mary

Victor's special spicy recipe, made with love and served with a stick of celery

6.5

Mimosa

Made with Wild Free Organic Prosecco and Orange Juice with splash of Grand Marnier

4.5

Eager Juices

Choose from Orange, Pineapple or Apple, garnished with a slice of fresh fruit

2.5-5.5

Union Coffee

Flat White, Americano, Cappuccino, or Iced Latte - all freshly ground and served

Please inform us about any food allergies when placing an order. Whilst we do our best to prevent cross contamination, please be aware we use sesame, gluten, nuts, dairy, egg, mustard, soya and sulphur dioxide in our kitchen

